

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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| <p>3</p> <p>9:30am-Chair Exercise (TV) 10:00am- Word Search 1:00pm- Afternoon Stroll 2:00pm-Movie (MC)</p> | <p>4</p> <p>9:00am-Daily Chronicles 9:30am-Stretchy Strength 10:00am- Hoop Ball 1:00pm- Afternoon Stroll 2:00pm-Poet's Palette 2:30pm- Music Tidbits 3:00pm- Snack Social</p> | <p>5</p> <p>9:00am- Daily Chronicles 9:30am- Cardio Moves 10:00am- Kick Ball 2:00pm- Cinco De Mayo Celebration & Bingo</p>  | <p>6</p> <p>9:00am- Daily Chronicle 9:30am- Motion Chair 10:00am-Nail Painting 10:30am- Shopping (Sign Up) 1:00pm-Resident Council Meeting 2:00pm- Cooking 3:00pm- Mix & Mingle</p> | <p>7</p> <p>9:00am- Daily Chronicles 9:30am- Cardio Moves 10:00am- Volleyball 10:45am-Church 1:00pm- Water Color Art 2:00pm- B I N G O 3:00pm- Happy Hour</p> | <p>8</p> <p>9:00am-Daily Chronicles 9:30am- Sit & Fit 10:00am- Word Search 12:30pm- Outing 1:00pm- MIDDAY MOTION 2:00pm- Writers Workshop 3:00pm- Mix & Mingle</p> <p style="text-align: center;">May Day</p> | <p>9</p> <p>9:00am- Daily Chronicles 9:30am-Motion Chair 10:00am- Morning Stroll 1:00pm- B I N G O 2:00pm-Nails Painting 3:00pm- Movie (MC)</p> |
| <p>10</p> <p>9:00am-Daily Chronicles 9:30am-Stretchy Strength 10:00am- Mothers Day Brunch 1:00pm- Fresh Flower Making</p>  | <p>11</p> <p>9:00am-Daily Chronicles 9:30am-Stretchy Strength 10:00am- Hoop Ball 1:00pm- Afternoon Stroll 2:00pm-Poet's Palette 2:30pm- Music Tidbits 3:00pm- Snack Social</p> | <p>12</p> <p>9:00am- Daily Chronicles 9:30am- Cardio Moves 10:00am- Kick Ball 1:00pm- Guided Meditation featuring Shaku 2:00pm- B I N G O 3:00pm- Mix & Mingle</p> | <p>13</p> <p>9:00am- Daily Chronicle 9:30am- Motion Chair 10:00am-Nail Painting 10:30am- Shopping (Sign Up) 1:00pm-Chefs Chat 2:00pm- Cooking 3:00pm- Mix & Mingle</p> | <p>14</p> <p>9:00am- Daily Chronicles 9:30am- Cardio Moves 10:00am- Volleyball 10:45am-Church 1:00pm- Water Color Art 2:00pm- B I N G O 3:00pm- Happy Hour</p> | <p>15</p> <p>9:00am-Daily Chronicles 9:30am- Sit & Fit 10:00am- Word Search 12:30pm- Outing 1:00pm- MIDDAY MOTION 2:00pm- National Chocolate Chip Social 3:00pm- Mix & Mingle</p> | <p>16</p> <p>9:00am- Daily Chronicles 9:30am-Motion Chair 10:00am-Armed Forces Recognition 1:00pm- B I N G O 2:00pm-Nail Painting 3:00pm- Movie (MC)</p> <p style="text-align: center;">Armed Forces Day</p> |
| <p>17</p> <p>9:30am-Chair Exercise (TV) 10:00am- Word Search 1:00pm- Afternoon Stroll 2:00pm-Movie (MC)</p> | <p>18</p> <p>9:00am-Daily Chronicles 9:30am-Stretchy Strength 10:00am- Hoop Ball 1:00pm- Afternoon Stroll 2:00pm-Poet's Palette 2:30pm- Music Tidbits 3:00pm- Snack Social</p> <p style="text-align: center;">Victoria Day (Canada)</p> | <p>19</p> <p>9:00am- Daily Chronicles 9:30am- Cardio Moves 10:00am- Kick Ball 1:00pm- Guided Meditation featuring Shaku 2:00pm- B I N G O 3:00pm- Mix & Mingle</p> | <p>20</p> <p>9:00am- Daily Chronicle 9:30am- Motion Chair 10:00am-Nail Painting 10:30am- Shopping (Sign Up) 1:00pm-Town Hall Meeting 2:00pm- Cooking 3:00pm- Mix & Mingle</p> | <p>21</p> <p>9:00am- Daily Chronicles 9:30am- Cardio Moves 10:00am- Balloon Bop 10:45am-Church 2:00pm- Sip Into Spring Tea!</p> | <p>22</p> <p>9:00am- Daily Chronicles 9:30am- Chair Strength 10:00am- Word Search 12:30pm- Outing 1:00pm- MIDDAY MOTION 2:00pm- Writers Workshop 3:00pm- Mix & Mingle</p> | <p>23</p> <p>9:00am- Daily Chronicles 9:30am-Motion Chair 10:00am-Morning stroll 1:00pm- B I N G O 2:00pm-Nail Painting 3:00pm- Movie (MC)</p> |
| <p>24</p> <p>9:30am-Chair Exercise (TV) 10:00am- Word Search 1:00pm- Afternoon Stroll 2:00pm-Movie (MC)</p> | <p>25</p> <p>9:00am-Daily Chronicles 9:30am-Stretchy Strength 10:00am- Memorial Day Tribute  1:00pm- Afternoon Stroll 2:00pm-Memorial Craft 3:00pm- Snack Social</p> <p style="text-align: center;">Memorial Day</p> | <p>26</p> <p>9:00am- Daily Chronicles 9:30am- Cardio Moves 10:00am- Kick Ball 1:00pm- Guided Meditation featuring Shaku 2:00pm- B I N G O 3:00pm- Mix & Mingle</p> | <p>27</p> <p>9:00am- Daily Chronicle 9:30am- Motion Chair 10:00am-Nail Painting 10:30am- Shopping (Sign Up) 1:00pm-Hydration Station 2:00pm- Cooking 3:00pm- Mix & Mingle</p> | <p>28</p> <p>9:00am- Daily Chronicles 9:30am- Cardio Moves 10:00am- Volleyball 10:45am-Church 1:00pm- Water Color Art 2:00pm- B I N G O 3:00pm- MAY Birthday Celebration & Happy Hour</p> | <p>29</p> <p>9:00am- Daily Chronicles 9:30am- Chair Strength 10:00am- Word Search 12:30pm- Outing 1:00pm- MIDDAY MOTION 2:00pm- Writers Workshop 3:00pm- Mix & Mingle</p> | <p>30</p> <p>9:00am- Daily Chronicles 9:30am-Motion Chair 10:00am-Morning stroll 1:00pm- B I N G O 2:00pm-Nail Painting 3:00pm- Movie (MC)</p> |
| <p>31</p> <p>9:30am-Chair Exercise (TV) 10:00am- Word Search 1:00pm- Afternoon Stroll 2:00pm-Movie (MC)</p> | | | | | | |